

**SPINRAZA**<sup>®</sup>  
(nusinersen) injection  
12 mg/5 mL

**NICOLE // AGE 45**

LATER-ONSET SMA  
TREATED WITH SPINRAZA

**RUBY // AGE 4**

LATER-ONSET SMA  
TREATED WITH SPINRAZA

Individual results may vary based on several factors, including severity of disease, initiation of treatment, and duration of therapy.

## CONSIDERATIONS FOR DOSING DAY

The next phase of your treatment journey is here! In preparation for your first SPINRAZA dose, we've laid out some questions to consider discussing with your healthcare provider and site of care to help you get started.

"I will admit, I was a little anxious before my first dose. However, my healthcare team was proactive about providing me information. They also helped me feel comfortable."

—MIKE, AGE 50, LATER-ONSET SMA

### Questions for your healthcare provider

- // Will the lab work be done before procedure day? How many days in advance?
- // Where can lab work be performed? What are my options?
- // Who will be performing my procedure? Will I meet them prior to procedure day?
- // Is there any special preparation I need to follow prior to or on the day of the procedure?
- // What happens after the procedure? What's involved in my post-procedural care?
- // Is there someone who can help me coordinate the logistics of my scheduled dosing day?
- // Whom should I contact if I have any additional questions?

### INDICATION

SPINRAZA<sup>®</sup> (nusinersen) is a prescription medicine used to treat spinal muscular atrophy (SMA) in pediatric and adult patients.

### SELECTED IMPORTANT SAFETY INFORMATION

**Increased risk of bleeding complications** has been observed after administration of similar medicines. Your healthcare provider should perform blood tests before you start treatment with SPINRAZA and before each dose to monitor for signs of these risks. Seek medical attention if unexpected bleeding occurs.

**Please see additional Important Safety Information on the following pages and click for full Prescribing Information.**

## Getting ready for your visit

Consider the topics below, and ask your treatment center whom to contact if you have any questions on procedure day.

### Arrival:



Confirm your transportation and the treatment center's address, parking fees, and accessible entrances.

### Documentation:



Make sure your insurance is up to date and you have completed any required lab work before your first dose.

### Visitors:\*



Confirm the treatment center's visitor policy and the number of family members permitted in the recovery room.

### Amenities:



See if there is a cafeteria or vending machines for caregivers to get a snack.

### Other services:



For caregivers with other children, see if there are childcare services or activity options at the treatment center.

### Accommodations:



Research hotels near the treatment center, should you need to stay the night.

### COVID-19 precautions:



Ask if the treatment center has any specific requirements regarding COVID-19 precautions.

**\*Note:** Some institutions require that at least 1 adult must remain at the facility while a child or adolescent with SMA is undergoing the procedure.

## Questions for the doctor performing your procedure

- // **How will I be positioned for the procedure? If I need help with the transfer, can it be someone from my personal care team?**
- // **Will I receive anesthesia? Are there any fasting requirements?**
- // **If I need respiratory support, what are the considerations for the procedure?**
- // **If I am at a teaching hospital, will others be present?**

## Your Family Access Manager is here for you

Your Family Access Manager (FAM) is your go-to person whenever you have a question or concern related to the logistics of your treatment journey while on SPINRAZA® (nusinersen). Please remember that your doctor should be your primary resource for any questions related to SMA and SPINRAZA.

- // **Your FAM will offer you the option to talk via video (Zoom or FaceTime) the day before or the day of your injection if meeting in person is not an option**
- // **Your FAM will check on you following your injection, but don't hesitate to reach out to them at any time**

## SELECTED IMPORTANT SAFETY INFORMATION

**Increased risk of kidney damage, including potentially fatal acute inflammation of the kidney**, has been observed after administration of similar medicines. Your healthcare provider should perform urine testing before you start treatment with SPINRAZA and before each dose to monitor for signs of this risk.

**Please see additional Important Safety Information on the following pages and click for full [Prescribing Information](#).**

### Tips from the community

Here are some suggestions on how to prepare for procedure day.

#### Pack your bag:

Think about what you can bring (music? a book?) to keep yourself entertained and calm, as the day can feel long.

#### Make a trip out of it:

If you're traveling far, spend 2 nights at a hotel so you can rest before and after the injection.

#### Buddy up:

Bring someone with you. This could be a close friend or relative, a friend with SMA who gets their injection on the same day, or a favorite teddy bear.

#### Rest your mind:

Meditate, listen to music, or do whatever else will help make you less nervous.

#### Relax:

Take the whole day off from work or school so you can take it easy after your injection.

#### Indulge:

Treat yourself to dinner or an ice cream stop afterwards. This can become a tradition you look forward to.

### Patient/Caregiver Notes

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### SELECTED IMPORTANT SAFETY INFORMATION

The most common side effects of SPINRAZA® (nusinersen) include lower respiratory infection, fever, constipation, headache, vomiting, back pain, and post-lumbar puncture syndrome.

These are not all of the possible side effects of SPINRAZA. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**[Please see additional Important Safety Information on the following pages and click for full Prescribing Information.](#)**

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**Before taking SPINRAZA**, tell your healthcare provider if you are pregnant or plan to become pregnant.

**Please click for full [Prescribing Information](#).**

This information is not intended to replace discussions with your healthcare provider.



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225 Binney Street, Cambridge, MA 02142

