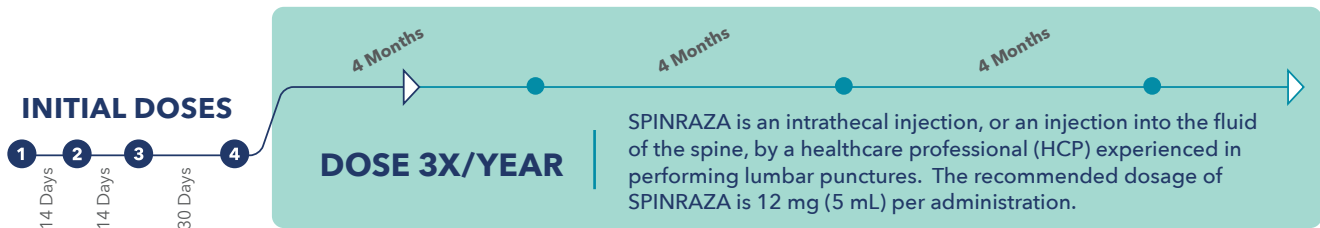


SMARt Dosing Planner

By now, you are receiving your maintenance doses of SPINRAZA® (nusinersen), which means you are given a dose every 4 months. It's important to feel prepared and address potential barriers to timely treatment. To help get ready for upcoming doses, we've created this SMARt Dosing Planner.

Use this tool to plan and track your dose appointments over time, record important dates and contact information, and log any questions or concerns for your care team.

Most Recent Dose Date: _____



Dose 3x/year	Dose Due Date	Clinic/MDA Appointment Date	Motor Function/PT Appointment Date	Labs Date
DOSE 1				
DOSE 2				
DOSE 3				

INSURANCE INFORMATION

Insurance Prior Authorization (PA)	START DATE:	END DATE:
Reauthorization Submitted by	NAME:	DATE:

IMPORTANT CONTACTS

Family Access Manager (FAM)	NAME/CONTACT INFO:
Prescriber's Office Nurse	NAME/CONTACT INFO:
Dose Scheduling Contact	NAME/CONTACT INFO:
Other Contacts	NAME/CONTACT INFO:
	NAME/CONTACT INFO:

REMINDER: Notify your FAM and care team about any change in insurance as soon as possible.

INDICATION

SPINRAZA® (nusinersen) is a prescription medicine used to treat spinal muscular atrophy (SMA) in pediatric and adult patients.

SELECTED IMPORTANT SAFETY INFORMATION

Increased risk of bleeding complications has been observed after administration of similar medicines. Your healthcare provider should perform blood tests before you start treatment with SPINRAZA and before each dose to monitor for signs of these risks. Seek medical attention if unexpected bleeding occurs.

Please see additional Important Safety Information on reverse and click for full [Prescribing Information](#).

Considerations for Timely Dosing

Get Ready

Prepare for interactions with your care team

// **Jot down questions and reminders** in the notes section to help stay organized prior to future appointments

// **Consider previously planned commitments when scheduling** your clinic and dose day appointments

Get Set

// Make sure **your insurance is up to date** and be familiar with your insurance's coverage criteria for SPINRAZA to determine what steps may be required to continue treatment

// Ensure you have **completed any required lab work** before each dose



IAN // AGE 36 // LATER-ONSET SMA

"Now I feel like I am being proactive and doing something that may help me."

If you have missed a dose or believe you may miss a future dose, follow up with your doctor to discuss next steps.

Notes:

IMPORTANT SAFETY INFORMATION (cont'd)

Increased risk of kidney damage, including potentially fatal acute inflammation of the kidney, has been observed after administration of similar medicines. Your healthcare provider should perform urine testing before you start treatment with SPINRAZA and before each dose to monitor for signs of this risk.

The most common side effects of SPINRAZA include lower respiratory infection, fever, constipation, headache, vomiting, back pain, and post-lumbar puncture syndrome.

These are not all of the possible side effects of SPINRAZA. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Before taking SPINRAZA, tell your healthcare provider if you are pregnant or plan to become pregnant.

Please see full Prescribing Information.

This information is not intended to replace discussions with your healthcare provider.