

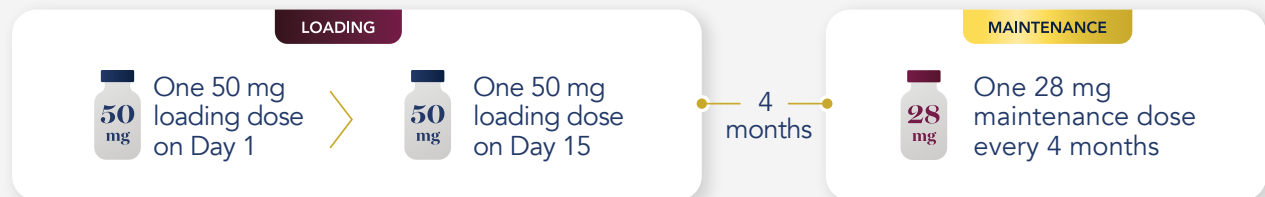
Welcome to the SMARt Dosing Planner—a tool to help you plan and track your SPINRAZA® (nusinersen) doses. You'll also be able to record important dates and contact information. Make sure to talk to your doctor if you have any questions about your treatment regimen.

Dose Type (Loading or Maintenance)	Next Dose Date	Clinic/MDA Appointment Date	Motor Function/PT Appointment Date	Labs Date

SPINRAZA is an intrathecal injection, or an injection delivered to the cerebrospinal fluid (CSF), the area surrounding the spinal cord. It is delivered by a healthcare professional (HCP) experienced in performing lumbar punctures.

Before you start treatment with SPINRAZA and before each dose, your doctor will order blood and urine testing to monitor for the potential risks of bleeding complications or kidney damage.

## Starting SPINRAZA with the High Dose Regimen



## Transitioning from the SPINRAZA Low Dose Regimen to the High Dose Regimen\*



\*Additional clinical benefit in patients who transition from the Low Dose Regimen to the High Dose Regimen has not been established in a controlled study.

<sup>†</sup>+/-14 days.

## WHAT IS SPINRAZA?

SPINRAZA® (nusinersen) is a prescription medicine used to treat spinal muscular atrophy (SMA) in pediatric and adult patients.

## IMPORTANT SAFETY INFORMATION

**Increased risk of bleeding complications** has been observed after administration of similar medicines. Your healthcare provider should perform blood tests before you start treatment with SPINRAZA and before each dose to monitor for signs of these risks. Seek medical attention if unexpected bleeding occurs.

Please see additional [Important Safety Information](#) on page 2 and full [Prescribing Information](#).

## NEED MORE SUPPORT?

Visit our Support and Resources page



or call  
1-844-4SPINRAZA  
(1-844-477-4672)

# Prepare for your next dose



Make sure your insurance is up to date, and call your insurance company to familiarize yourself with coverage criteria for SPINRAZA® (nusinersen). Your SMA360™ team can also help you navigate outstanding questions you may have about insurance benefits



Consider previously planned commitments when scheduling your clinic and dose day appointments



Ensure you have completed any required lab work before each dose

## MISSED A DOSE?

If you have missed a dose or believe that you may miss a future dose, follow up with your doctor or visit [SPINRAZA.com](https://www.spinraza.com) for logistical support in next steps.

## Important Contacts

Family Access Manager (FAM)	Name/Contact Info:
Prescriber's Office Nurse	Name/Contact Info:
Dose Scheduling Contact	Name/Contact Info:
Other Contacts	Name/Contact Info:
	Name/Contact Info:

## Insurance Information

Insurance Prior Authorization (PA)	Start Date:	End Date:
Reauthorization Submitted By	Name:	Date:

## IMPORTANT SAFETY INFORMATION (cont'd)

**Increased risk of kidney damage, including potentially fatal acute inflammation of the kidney**, has been observed after administration of similar medicines. Your healthcare provider should perform urine testing before you start treatment with SPINRAZA and before each dose to monitor for signs of this risk.

**The most common side effects of SPINRAZA in the Low Dose Regimen** in infantile and later-onset SMA include lower respiratory infection, constipation, fever, headache, vomiting, back pain, and post-lumbar puncture syndrome.

**The most common side effects of SPINRAZA in the High Dose Regimen** in infantile-onset SMA include pneumonia, COVID-19, pneumonia aspiration, and malnutrition. COVID-19 was not discovered at the time of the studies for the Low Dose Regimen.

These are not all of the possible side effects of SPINRAZA. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Before taking SPINRAZA**, tell your healthcare provider if you are pregnant or plan to become pregnant.

**Please see additional [Important Safety Information](#) and [full Prescribing Information](#).**

This information is not intended to replace discussions with your healthcare provider.

## NEED A BLANK PLANNER?

Click to download another copy.

