

 **SPINRAZA™**
(nusinersen) injection
5mL
12mg • 28mg • 50mg

Kurt,
Athletic trainer

Talking with your doctor about the High Dose Regimen of SPINRAZA® (nusinersen)

Individual results may vary based on several factors, including severity of disease, initiation of treatment, and duration of therapy. Patient is a paid spokesperson for Biogen. Patient shown may not be on the High Dose Regimen of SPINRAZA.

When making decisions about treatment, it's important to have a productive and informed conversation with your doctor.

Use this guide to get your questions answered so you feel prepared and confident when discussing this treatment. Topics include:



Having a good conversation with your doctor



Getting to know the High Dose Regimen of SPINRAZA



Understanding potential benefits and safety information



Learning about your loading dose(s)



Support in getting started

WHAT IS SPINRAZA?

SPINRAZA® (nusinersen) is a prescription medicine used to treat spinal muscular atrophy (SMA) in pediatric and adult patients.

IMPORTANT SAFETY INFORMATION

Increased risk of bleeding complications has been observed after administration of similar medicines. Your healthcare provider should perform blood tests before you start treatment with SPINRAZA and before each dose to monitor for signs of these risks. Seek medical attention if unexpected bleeding occurs.

Please see additional Important Safety Information throughout and full Prescribing Information.

Make the most of your appointment

While you and your doctor may be discussing whether the High Dose Regimen of SPINRAZA® (nusinersen) is right for you, here are tips to keep in mind for a more efficient appointment.

1

Capture the conversation

Bring a notebook to jot down anything important or ask if you can record the conversation on your phone.

2

Invite a friend or family member

An extra pair of ears during your appointment can never hurt—not to mention, it's nice to have moral support.

3

Don't hesitate to ask questions

If you don't understand something, see if your doctor can explain further.

IMPORTANT SAFETY INFORMATION (cont'd)

Increased risk of kidney damage, including potentially fatal acute inflammation of the kidney, has been observed after administration of similar medicines. Your healthcare provider should perform urine testing before you start treatment with SPINRAZA and before each dose to monitor for signs of this risk.

Please see additional Important Safety Information throughout and full Prescribing Information.

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Questions for your doctor



Getting to know the High Dose Regimen of SPINRAZA® (nusinersen)

- What is the dosing schedule?
- Is this dose regimen right for me?
- If I have never taken SPINRAZA before, will I need to start with the Low Dose Regimen?
- What testing or blood work is needed before starting, and throughout treatment?
- How is treatment administered? Can you tell me more about intrathecal injections?
- Where will I get my treatment?
- What is my dosing schedule if I transition from the Low Dose Regimen to the High Dose Regimen?
- Are there assistance programs to help coordinate treatment and payment?



Understanding potential benefits and safety information

- Does the study of the High Dose Regimen of SPINRAZA show that it may help with my treatment goals?
- What did the study show about motor function outcomes for the High Dose Regimen?
- Should I expect any side effects?
- What other safety information should I know about?

IMPORTANT SAFETY INFORMATION (cont'd)

The most common side effects of SPINRAZA in the Low Dose Regimen in infantile and later-onset SMA include lower respiratory infection, constipation, fever, headache, vomiting, back pain, and post-lumbar puncture syndrome.

The most common side effects of SPINRAZA in the High Dose Regimen in infantile-onset SMA include pneumonia, COVID-19, pneumonia aspiration, and malnutrition. COVID-19 was not discovered at the time of the studies for the Low Dose Regimen.

Please see additional [Important Safety Information](#) throughout and full [Prescribing Information](#).



Need additional support?

Visit our [Support and Resources](#) page or
call 1-844-4SPINRAZA (1-844-477-4672)

IMPORTANT SAFETY INFORMATION (cont'd)

These are not all of the possible side effects of SPINRAZA. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at **1-800-FDA-1088**.

Before taking SPINRAZA, tell your healthcare provider if you are pregnant or plan to become pregnant.

Please see additional [Important Safety Information](#) throughout and full [Prescribing Information](#).

This information is not intended to replace discussions with your healthcare provider.