

ASK YOUR INTERVENTIONAL RADIOLOGIST



Setting up SPINRAZA dosing day to meet your needs

Everyone's dosing day is different. Your needs are most likely different from someone else's. That's why it's important to ask questions and communicate with your doctor about what works best for you.

Don't know where to start? That's what this tool is for! We've outlined questions to ask yourself and your Interventional Radiologist, the type of physician who may be administering your SPINRAZA. If needed, have a caregiver help you fill in any answers.

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Questions to ask yourself

LOGISTICS ▶

Questions to ask your doctor

REFLECT & THINK AHEAD ▶

Questions to ask yourself
after dosing day



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Questions to ask yourself

Consider the following questions and be sure to communicate your needs to your Interventional Radiologist.

1

What should my Interventional Radiologist know about me?

If you are going to a new administration site for the first time, inform the staff if you have any of the following:

- Scoliosis
- Spinal fusion
- Spinal rods
- Previous surgery for IT access (eg, lumbar laminotomy)
- Respiratory support (eg, CPAP, BiPAP, tracheostomy)

2

How do I prefer to be positioned to receive SPINRAZA?

On my stomach On my side Sitting Other:

3

Is there anything else I want my Interventional Radiologist to know about me?



Sometimes dosing day can take a few hours. Think about what you'd like to have with you.
A book? Headphones? Something to drink?

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LOGISTICS

Questions to ask your doctor

Refer to the following questions to help you have a productive conversation with your Interventional Radiologist. Add any context where needed.

BEFORE YOUR PROCEDURE

- 1 Can all my loading doses be scheduled up front? YES NO

- 2 Do you or my site of care only administer SPINRAZA on certain days/times? YES NO
Days/Times: _____
- 3 Will my doctor need to order images of my spine before the procedure? YES NO

- 4 Am I able to eat before the procedure? YES NO

- 5 I heard that I should stay hydrated before the procedure. What types of drinks should I have/not have?

- 6 What can I do at home to prepare for my appointment? Should I pack anything particular in my day bag?

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LOGISTICS (cont'd)

Questions to ask your doctor



Refer to the following questions to help you have a productive conversation with your Interventional Radiologist. Add any context where needed.

DURING YOUR PROCEDURE

- 1 Can my caregiver be in the room with me? YES NO

- 2 If I have a hard time laying on my stomach, what position would you recommend I be in for receiving SPINRAZA?

- 3 Can my caregiver or a staff member assist me in getting into the right position? YES NO

- 4 Will sedation or anesthesia be administered? YES NO

- 5 Will guided imaging be used? YES NO

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LOGISTICS (cont'd)

Questions to ask your doctor

Refer to the following questions to help you have a productive conversation with your Interventional Radiologist. Add any context where needed.

AFTER YOUR PROCEDURE

1

What should I expect after the procedure? How long will I have to stay at my site of care after?

2

What are the potential side effects I may experience? Are there any additional side effects to going under anesthesia?

3

Who can I contact if I have questions or concerns after the procedure?

Any questions you want to add? List them here.

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LOGISTICS (cont'd)

Questions to ask your doctor

Refer to the following questions to help you have a productive conversation with your Interventional Radiologist. Add any context where needed.

COVID-19 PROTOCOLS AND PRECAUTIONS

1

Am I required to get tested for COVID-19 before my appointment? If so, can I get a rapid test, or is a PCR test required?

2

Are there any restrictions on the number of caregivers who can accompany me?
Can my caregiver(s) still assist me in the procedure room?

3

What precautions are in place to minimize my exposure to COVID-19 at the site of care?

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REFLECT & THINK AHEAD

Questions to ask yourself after dosing day

Think about your dosing day from beginning to end. Identify what you liked and didn't like and communicate these reflections to your doctor so you can create the best experience for you. Ask yourself these questions again after each SPINRAZA dose.

1

Consider the following statements:

// I felt fully informed about the dosing process.	AGREE	DISAGREE, because: _____

// I was satisfied with the communication with my care team.	AGREE	DISAGREE, because: _____

// I liked my doctor.	AGREE	DISAGREE, because: _____

// I liked the position I was in for the procedure.	AGREE	DISAGREE, because: _____

// I liked the amount of sedation I received.	N/A	DISAGREE, because: _____

// I felt relatively comfortable during the procedure.	AGREE	DISAGREE, because: _____

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REFLECT & THINK AHEAD (cont'd)

Questions to ask yourself after dosing day

Think about your dosing day from beginning to end. Identify what you liked and didn't like so you can create the best experience for you. Ask yourself these questions again after each SPINRAZA dose.

2

What steps should my care team and I repeat next time that helped me feel comfortable and relaxed?

3

What would I want to change next time?

4

Did I experience any side effects following the procedure?
If so, what are my doctor's suggestions on how to manage or reduce these symptoms?

Do you have any additional questions for your Interventional Radiologist or your neurologist? List them here.

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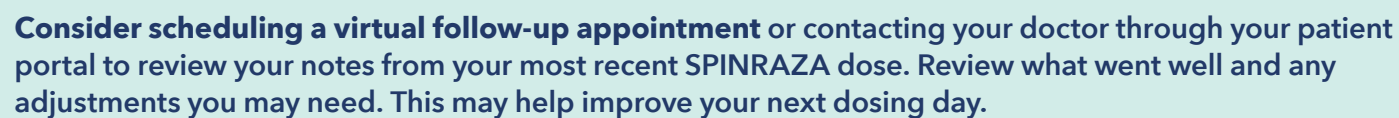
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